

# Majlis Ansarullah UK

## Zahanat wa Sehat-e-Jismani

### National Badminton & Table Tennis Tournament

## Rules & Regulations

***All players must be double vaccinated and bring proof along with evidence of a negative lateral flow test taken within 24 hours of the event.***

## Badminton

### Tournament overview

We will be playing the newer, current rules of how players can score a point, to a rally point system so this now allows both players to score a point during a rally, regardless of who served.

- Players must provide their own rackets. Shuttlecocks will be provided.
- Player's foot-ware must have non-marking soles.
- Any Ansar who wish to participate in the Badminton Doubles competition MUST be from the same region.
- Badminton double pairs can be a mix of Safe Awal and Safe Doem
- The referee's decision is final.
- Preliminary matches consist of one game (knock-out) and the semi-finals and final being the best of three games of 21 points.
- Players who get knocked out of badminton, may be accommodated in the table tennis competition

## Rules

- The player/pair winning a rally adds a point to its score.
- At 20-all, the player/pair which first gains a 2-point lead wins that game.

- At 29-all, the side scoring the 30th point wins that game.
- The player/pair winning a game serves first in the next game. (Semi's and Final)
- A badminton match can be played by two opposing players (singles) or four opposing players (doubles).
- A point is scored when the shuttlecock lands inside the opponent's court or if a returned shuttlecock hits the net or lands outside of the court the player will lose the point.
- At the start of the rally, the server and receiver stand in diagonally opposite service courts.
- A legal serve must be hit diagonally over the net and across the court.
- A badminton serve must be hit underarm and below the server's waist height with the racquet shaft pointing downwards, the shuttlecock is not allowed to bounce. After a point is won, the players will move to the opposite serving stations for the next point.
- The rules do not allow second serves.
- During a point a player can return the shuttlecock from inside and outside of the court.
- A player is not able to touch the net with any part of their body or racket.
- A player must not deliberately distract their opponent.
- A player is not able to hit the shuttlecock twice.
- A 'let' may be called by the referee if an unforeseen or accidental issue arises.

## Table tennis scoring & rules

### Tournament overview

The tournament will be played on a knockout basis with premaxillary matches consisting of 1 (one) game, however we will aim to make it best of 3, time permitting.

The subsequent rounds (quarters, semi's and final) will be the best of 3 games, InshAllah.

- Players must provide their own bats. Table-tennis balls will be provided.
- Player's foot-ware must have non-marking soles.
- Doubles can be mixed age groups – Safe Awal & Safe Dohm but MUST both be from the same Region, as failure to comply may lead to disqualification.
- The referee's decision is final.

### Scoring - Singles

The first player to get to 11 points in a game is the winner. However, if a game is tied at 10-10, a player must win a game by two clear points. You do not lose service if you lose a point - each player must serve for two points in a row before handing the service over to their opponent.

## Rules

- To start a point, the server must stand at the back of the table and can serve either forehand or backhand. The ball must be thrown up either equal to or above the height of the net before striking the ball and the ball must be thrown from an open palm to stop finger spin.
- If the ball hits the net on a serve but continues over the other side then a 'let' is played.
- Players are allowed to hit the ball around the side of the net.
- The ball must bounce on a player's side of the table before playing their shot.
- During play, competitors are not allowed to touch the table with their non-bat hand. If they do, the point is conceded.
- Players must swap ends at the end of a game, and in the final match players will switch ends after five points.

## Scoring - Doubles

### Service Changeover

Service must be diagonal, from the right half court (marked by a white line) to the opponent's right half court.

Service changeover in Doubles is as follows:

At the start of a game, the serving team will decide which player will serve first. The first player to serve is A1 and;

A1 serves to B1 (2 services)

B1 then serves to A2 (2 services)

A2 then serves to B2 (2 services)

B2 serves to A1 (2 services)

Repeat until one team wins the game (see scoring system below)

At the start of game 2, team B will take the first serve; B1 must serve to A1. A1 then serves to B2 and so on.

### **Rotation rules for doubles**

In doubles, you should alternate hitting the ball with your partner. So, for example, A1 serves the ball to B1, who returns the ball. A2 then hits the ball and B2 returns this. A1 hits and B2 returns, A2 hits and B1 returns....and so on.

### **Scoring**

As with a game of singles, the winner of a game is the first to 11 points. There must be a gap of at least two points between opponents at the end of the game though, so if the score is 10-10, the game goes in to extra play until one of the players has gained a lead of 2 points. The point goes to the player who successfully ends a rally, regardless of who has served. A match can consist of the number of games you like.